



Fact Sheet

Preventing poisoning

Every day, more than 300 kids will be treated in emergency rooms across the nation for poisoning. Poisons can be things they eat, breathe, touch or get in their eyes.

Poisons can be all sorts of ordinary things in your home, like household cleaning products, batteries, medications, or plants.

Curious children will sometimes eat or drink anything they find. You can protect your kids from poisoning by keeping poisons locked up, out of their sight and out of their reach.

Be careful when giving your child medicine. Always follow the instructions. Children can be poisoned by taking too much medicine or by taking someone else's medication. Never let your children take medicine on their own. Never refer to medicine as "candy", even to encourage a young child to take it.

Discard unused or expired medication safely during a community "take-back" event.

Post the Poison Control Center number next to your home phone and program it into your cell phone. Call them at 1-800-222-1222 if you think a child has been poisoned but they are awake and alert. **Call 9-1-1** if your child has collapsed or is not breathing.

Poison-proof your home to protect the children in your care.

Learn more about poison prevention and the programs and services offered at the Phelps/Maries County Health Department. Caring for your family, caring for our community, caring for YOU!



Public Health
Prevent. Promote. Protect.



Phelps/Maries County Health Dept

200 N Main, Suite G51, Rolla, MO 65401

(573) 458-6010 office

www.phelpscountyhealth.com