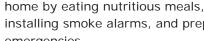
Phelps/Maries County
Public Health Services Thriving people living, learning and Working in a healthy, active, vibrant, and safe community

Thriving people living, learning and working in a healthy, active, vibrant, and safe community.

The health of the healthy active is the healthy active.

Vital records issued





Health and prevention begin at

installing smoke alarms, and preparing your family for emergencies.

Public health promotes car seats and seat belt use.

We all play a role in supporting public health in our community. Making healthy choices at home, at work, and at school helps protect our whole community from disease.

Bike paths, walking trails, and crosswalks provide opportunities for safe exercise.

Food safety protects our community, our visitors, and our economy.

Smoke-free restaurants keep the air we breathe cleaner.

Immunizations prevent disease.

Public health connects us all.

Phelps/Maries County Health Dept. 200 N Main, Suite G51, Rolla, MO 65401 (573) 458-6010 office www.phelpscountyhealth.com



fluoridated water saves \$40 in dental care

401 Food

ctions

immunizations

Every \$1 invested in bike paths and walking trails can return up to \$11.80 in benefits to the community.

Effective wellness at work programs are proven to reduce BMI rates, reduce healthcare costs, and improve productivity.

Smoke-free policies protect workers.

Safety standards prevent injuries, illness and death.

Every \$1 invested in effective workplace safety programs saves up to \$6 in illness. injuries, and fatalities



Every \$1.00 invested in—

- immunizations saves \$16.50 in future health care costs
- food and nutrition education reduces health care costs by \$10

