

# Phelps/Maries County Public Health Services 2014

*Thriving people living, learning and working in a healthy, active, vibrant, and safe community.*



## SCHOOL

Nutrition and physical activity education in schools help children lose weight and lower their risk of obesity.

Immunizations protect children from preventable diseases.



Every \$1 invested in fluoridated water saves \$40 in dental care

## WORK

Effective wellness at work programs are proven to reduce BMI rates, reduce healthcare costs, and improve productivity.

Smoke-free policies protect workers.

Safety standards prevent injuries, illness and death.

Every \$1 invested in effective workplace safety programs saves up to \$6 in illness, injuries, and fatalities



401 Food inspections

Every \$1 invested in bike paths and walking trails can return up to \$11.80 in benefits to the community.



Every \$1.00 invested in—

- prevention saves \$5.60 in health spending
- immunizations saves \$16.50 in future health care costs
- food and nutrition education reduces health care costs by \$10

2,410 Vital records issued



Health and prevention begin at home by eating nutritious meals, installing smoke alarms, and preparing your family for emergencies.

## HOME

Public health promotes car seats and seat belt use. It encourages safe, sober driving.

It works with families to reduce child abuse by teaching strong parenting skills and infant care.

It supports breastfeeding mothers, and encourages injury prevention with bicycle helmet use and medication safety.



16,832 WIC visits

357 Healthy Families visits

164 Child care

consultation visits



510 Communicable disease investigations



898 immunizations

## COMMUNITY

We all play a role in supporting public health in our community. Making healthy choices at home, at work, and at school helps protect our whole community from disease.

Bike paths, walking trails, and crosswalks provide opportunities for safe exercise.

Food safety protects our community, our visitors, and our economy.

Smoke-free restaurants keep the air we breathe cleaner.

Immunizations prevent disease.

Public health connects us all.



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